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Title: Heat transfer enhancement of laminar and transitional Newtonian and non-Newtonian flows in tubes with wire coil inserts

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Abstract: This work presents an experimental study on two different wire coils inserted in a smooth tube using both Newtonian and non-Newtonian fluids to characterize their thermohydraulic behaviour in laminar and transition flow. Dimensionless pitches of the wire coils (based on the empty tube inner diameter) were chosen as  $p/D=1$  and  $2$ , whereas dimensionless wire diameter was  $e/D=0.09$  for both wire coils. Non-Newtonian tests considered different viscosity types with concentration of 1% of CMC (Carboxyl-methyl-cellulose) solution in water at several temperatures; a wide range of flow conditions has been covered: Reynolds number from 10 to 1200 and Prandtl number from 150 to 1900. Newtonian test were carried out with propylene glycol as working fluid, covering a similar range of Prandtl and Reynolds number as the previous indicated for non-Newtonian fluids. This range of flow conditions was previously measured on the empty smooth tube, and compared with the well-known solutions. Isothermal pressure drop tests and heat transfer experiments under uniform heat flux conditions were done. At low Reynolds numbers, both wire coils behave as a smooth tube but accelerate transition to critical Reynolds numbers down to 400. Maximum augmentations of Fanning friction factor of 3.5 times and of 4.5 times of Nusselt number have been found respect to the smooth tube.

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**Abstract**

This work presents an experimental study on two different wire coils inserted in a smooth tube using both Newtonian and non-Newtonian fluids to characterize their thermohydraulic behaviour in laminar and transitional flow. Dimensionless pitches of the wire coils were chosen as  $p/D=1$  and  $2$ , whereas dimensionless wire diameter was  $e/D=0.09$  for both wire coils. Non-Newtonian tests considered different viscosity types with concentration of 1% of CMC (Carboxyl-methyl-cellulose) solution in water at several temperatures; a wide range of flow conditions has been covered: Reynolds number from 10 to 1300 and Prandtl number from 150 to 1900. Newtonian test were carried out with propylene glycol as working fluid, covering a similar range of Prandtl and Reynolds number as the previously indicated for non-Newtonian fluids. Isothermal pressure drop tests and heat transfer experiments under uniform heat flux conditions were performed, and results were contrasted with own experimental data for the smooth tube and with well-know analytical solutions. At low Reynolds numbers, both wire coils behave as a smooth tube but accelerate transition to critical Reynolds numbers down to 500. Maximum augmentations of Fanning friction factor of 3.5 times and of 4.5 times of Nusselt number have been found with respect to the smooth tube.

*Keywords:*

heat transfer enhancement, wire coil inserts, non Newtonian flow, transitional flow

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## 1. Introduction

Heat transfer process of high-viscous fluids is commonly encountered in the chemical, food, pharmaceutical or petroleum industries. Food-related products like tomato paste and carrot pure, polymer melts like polystyrene and nylon, as well as many personal care products are typical examples. Due to its nature, these kind of fluids involve elevated Prandtl number values ( $Pr > 1000$ ) together with low Reynolds values [1]. As a consequence, most of them are processed in the laminar or transitional regimes, where heat transfer rates are particularly low. Here, the various forms of insert devices are effective to enhance the heat transfer performance of tubular heat exchangers.

The dominant literature (Bergles [2], Webb and Kim [3]) usually mentions five devices: wire coils, twisted tapes, extended surface devices, mesh inserts and displaced elements. The main advantage of inserts, with respect to other enhancement techniques, is that they allow an easy installation in an existing exchanger of smooth tubes. Due mainly to its low cost, the insert devices which are most frequently used in engineering applications are wire coils and twisted tapes. The difficulties for carrying out experimental studies on heat transfer in laminar flow is well known (Bergles [4]), as this flow is sensitive to entry length effects, the thermal boundary condition and the buoyancy forces effect. Frequently, highly-viscous fluids exhibit a non-Newtonian behaviour; which implies that an appropriate rheological characterization needs to be done prior to the experimentation. Another problem that can arise when dealing with non-Newtonian fluids is thixotropy, where their apparent viscosity changes along the course of the tests. Consequently, few experimental studies have been reported on the enhancement of non-Newtonian laminar heat transfer. Nazmeev [5] studied the enhancement of pseudoplastic fluid flows using twisted-tape

26 inserts. He found a substantial increase in heat transfer (50-300%), similar to that  
27 observed in the studies with Newtonian fluids carried out by Hong and Bergles [6]  
28 and Marner and Bergles [7]. Manglik et al. [8] extended the available experimen-  
29 tal data by performing new experiments with different tapes, working with aqueous  
30 solutions of cellulose ether powder. They modified the Hong and Bergles [6] Newto-  
31 nian correlation for Nusselt number, in order to account for the non-Newtonian and  
32 variable consistency effects. They also proposed a correlation for the friction factor,  
33 and concluded that additional experimental data would help confirm the validity of  
34 their correlations. More recently, Patil [9] presented an experimental investigation of  
35 heat transfer and flow friction of a power-law fluid in tubes with twisted tape inserts.  
36 Correlations were presented for isothermal and heating friction factors and Nusselt  
37 numbers under uniform wall temperature condition. They observed heat transfer  
38 enhancement ratios of up to 2.4, in the basis of fixed geometry and pumping power,  
39 at Reynolds numbers around 200. The abundance of design correlations for twisted  
40 tapes does not mean, however, that they are the best option to enhance heat transfer  
41 in laminar flow, such as Webb and Kim [3] have pointed out. Wire coil inserts are an  
42 alternative to twisted tapes and other insert devices for heat transfer enhancement  
43 at moderate Reynolds numbers. However, very few authors have studied wire coils  
44 in non-Newtonian flow so far. An early work from Igumentsev and Nazmeev [10]  
45 studied the effect of wire coils in the intensification of convective heat exchange, for  
46 anomalously viscous liquids (aqueous solutions of sodium carboxymethyl cellulose).  
47 The dimensionless geometrical range was  $p/D=0.3-3.0$  and  $e/D=0.072-0.109$ . How-  
48 ever, the authors only informed about the pitch length of the wire coils studied, and  
49 not about the values of wire diameters. The authors performed heat transfer and  
50 pressure drop experiments under uniform heat flux conditions; they did not isolate  
51 the test section and placed an additional electric heater above the tube, in order to

52 compensate for the heat losses to the surrounding medium. The experimental data  
53 was shown in terms of relative increases of Nusselt number and friction factor with  
54 respect to the smooth tube solutions. Friction factor and Nusselt number results  
55 were absent. Thus, the accuracy of Igumentsev and Nazmeev's [10] measurements  
56 cannot be estimated. At least the smooth tube results should have been presented  
57 and compared with contrasted correlations for non-Newtonian flow. Another con-  
58 cern about Igumentsev and Nazmeev's [10] experiments is that the flow was not  
59 hydrodynamically developed at the test section inlet. Oliver and Shoji [11] tested  
60 three types of insert devices: twisted tapes, Cal Gavin patent wire meshes and wire  
61 coils. Three geometries of each type were characterized, and aqueous solutions of  
62 sodium carboxymethyl cellulose (SCMC) were used as test fluids. Measurements of  
63 both isothermal pressure drop and heat transfer at constant wall temperature were  
64 made, in a range of Prandtl number  $Pr= 30-90$  and Reynolds number  $Re=20-2000$ .  
65 The mesh inserts performed better than wire coils and twisted tapes at Reynolds  
66 numbers below 200. However, wire coils rapidly became more effective as the flow  
67 became turbulent, and a poor performance of twisted tape inserts was observed.  
68 At Reynolds numbers higher than 300, with a 0.2% solution of SCMC, a wire coil  
69 showed to achieve a better performance than mesh inserts, with a higher heat trans-  
70 fer rate and a much lower pressure drop level. Oliver and Shoji [11] gave attention  
71 to the degradation with time (thixotropy) of the pseudoplastic test fluid: rheological  
72 properties were checked for each heat transfer run made. Oliver and Shoji [11] con-  
73 sidered the contribution of natural convection to their heat transfer results, and also  
74 the effect of radial viscosity variation. Moreover, they took into account the axial  
75 variation of effective viscosity along the test section. They did not inform about their  
76 experimental uncertainty. However, their smooth tube heat transfer results did not  
77 match the theoretical predictions.

78 This work presents an experimental study on two wire coils inserted in a smooth  
79 tube using non-Newtonian and Newtonian fluids. A wide range was covered in or-  
80 der to characterize its thermohydraulic behaviour in laminar and transition flow.  
81 The employed non-Newtonian fluid was made of different types (high and medium  
82 viscosity) of a carboxyl-methyl-cellulose (CMC) solution in water at several temper-  
83 atures (taking into account the thixotropic effects). The Newtonian fluid employed  
84 was propylene glycol, and it was tested under the same flow conditions as the non-  
85 Newtonian fluid. This working range was previously analyzed for the smooth tube  
86 and compared to the solutions of Bird [12] and Mahalingam [13]. The ranges of the  
87 investigated experimental variables are shown in Table 1.

### 88 *1.1. Wire coil inserts*

89 The wire coil of the present work was made of steel and covered with an insulating  
90 coating to prevent electrical conduction. Fig. 1 shows a sketch of a wire coil inserted  
91 in a smooth tube, where  $p$  stands for the helical pitch and  $e$  for the wire diameter.  
92 These parameters can be arranged to define the wire geometry in a non-dimensional  
93 form: dimensionless pitch  $p/D$ , dimensionless wire-diameter  $e/D$  and pitch to wire-  
94 diameter ratio  $p/e$ . The wire coil pitch revealed to be a decisive parameter of the  
95 inserts with a clear effect on the R3 criterion. (see Sec. 2.3). Whereas low pitch  
96 values increase the heat transfer but also the pressure drop in an excessive way, too  
97 low pitches lead to almost negligible heat transfer augmentation values. Two wire  
98 coils with different pitches were employed in order to test the pitch effect on the  
99 non-Newtonian thermal-hydraulic performance. The dimensions of the wire coils are  
100 shown in Table 2.

101 *1.2. Experimental set-up*

102 The schematic diagram of the experimental setup is shown in Fig. 2. The ex-  
103 perimental facility consists of two independent circuits. The primary circuit, which  
104 contains the test fluid, is in turn divided in two sub-loops. The test section is placed  
105 in the main one, including a gear pump (2) driven by a frequency controller (3).  
106 The test fluid in the supply tank (1) is continuously cooled in the second sub-loop  
107 through a plate heat exchanger (13) with a coolant flow rate settled by a three-way  
108 valve (15). The coolant liquid is stored in a 1000 l tank (16) from where it flows  
109 to a cooling machine. The thermal inertia of this tank, with a capacity of 1000 l,  
110 together with the operation of the PID-controlled three-way valve provides stability  
111 to the temperature of the test fluid in the supply tank, which can be accurately fixed  
112 to a desired value.

113 The test section was placed in the main circuit and consisted of a thin-walled, 4 m  
114 long, 316L stainless steel tube with a wire coil insert. The inner and outer diameters  
115 of the tube were 18 mm and 20 mm, respectively. Two oversized, low-velocity gear  
116 pumps (one on each circuit) were used for circulating the working fluid, in order to  
117 minimize the degradation of CMC solutions during the tests. Mass flow rate was  
118 measured by a Coriolis flow meter.

119 Pressure drop experiments were carried out in the hydro-dynamically developed  
120 region under isothermal conditions. Four pressure taps separated by  $90^\circ$  were coupled  
121 to each end of the pressure test section ( $l_p=1.85$  m). Pressure drop  $\Delta P$  was measured  
122 by means of a highly accurate pressure transmitter. The test section was preceded  
123 by 2 m of smooth tube with wire coil insert, in order to ensure fully developed flow  
124 conditions. The fanning friction factor  $f$  was calculated from measurements of mean

125 pressure drop and fluid mass flow rate as:

$$126 \quad f = \frac{\Delta P}{l_p} \frac{D}{2\rho\bar{u}^2} = \frac{\Delta P}{l_p} \frac{\rho\pi^2 D^5}{32\dot{m}^2} \quad (1)$$

127 Heat transfer experiments were carried out under uniform heat flux (UHF) con-  
128 ditions, with hydrodynamically developed flow at the test section entry. Energy  
129 was added to the working fluid by Joule effect heating. A 6 kVA transformer was  
130 connected to the smooth tube by copper electrodes and the power supply was reg-  
131 ulated by means of an auto-transformer. The length between electrodes defined the  
132 heat transfer test section ( $l_h=1.49$  m). The test section was insulated by an elas-  
133 tomeric thermal insulation material of 20 mm thickness and thermal conductivity  
134 0.04 W/(m·K) to minimize heat losses. The power input added to the heating sec-  
135 tion was calculated by measuring the voltage between electrodes (0-15 V) and the  
136 electrical current (0-600 A). The heat input added to the test fluid,  $Q$ , was estimated  
137 after correcting the electrical power for heat losses through the outer wall. Fluid in-  
138 let and outlet temperatures  $T_{in}$  and  $T_{out}$  were measured by immersion RTD sensors.  
139 The axial position of the measuring point (element 12 on Fig. 6) was defined from  
140 the upstream electrode. In the present work it was fixed at a distance  $l_x=1.02$  m.  
141 Since heat was added uniformly along the tube length, the bulk temperature of the  
142 fluid at the measuring section,  $T_b(l_x)$ , was calculated by assuming a linear variation  
143 of mean fluid temperature with axial direction. The outside wall temperature at  
144 the measuring section,  $T_{wo}$ , was measured by eight surface thermocouples placed 45°  
145 apart circumferentially, and electrically insulated from the tube.  $T_{wo}$  was estimated  
146 by averaging the eight wall-temperature readings. The local Nusselt number was  
147 calculated as:

$$148 \quad Nu_x = \frac{D}{k} \frac{q''}{T_{wi} - T_x}, \quad (2)$$



149 where  $q''$  stands for the heat flux at the inner wall and  $T_{wi}$  is the inner wall tem-  
150 perature, which was obtained from the numerical solution of the radial, 1D heat  
151 conduction across the insulated tube with internal heat generation.

152 The rheological characterization of the non-Newtonian test fluids ( $n$  and  $K$  val-  
153 ues) as well as the viscosity measurement  $\mu$  for the Newtonian one were obtained by  
154 employing an in-line viscometer, parallel to the testing tube. It consists of a smooth  
155 tube in which the mass flow rate and pressure drop are measured, retrieving the  
156 values of  $n$ ,  $K$  and  $\mu$  (see Sec. 1.4). In that way, measurements of the rheological  
157 properties could be done at the beginning and at the end of each set of experiments,  
158 minimizing the thixotropy effect. Moreover, the measurement technique is based in  
159 the same principle (pressure drop on a tube) as the experimental tests, giving more  
160 accurate values of the properties.

161 Further details of the working apparatus and the calibration procedure are given  
162 in García et al. [14, 15]. The experimental uncertainty was calculated by following  
163 the "Guide to the expression of uncertainty in measurement", published by ISO [16].  
164 Details of the uncertainty assignation to the experimental data are given by the  
165 authors in Vicente et al [17]. Uncertainty calculations based on a 95% confidence  
166 level showed maximum values of 3% for Reynolds number, 3% for Graetz number,  
167 3% for Nusselt number and 4% for friction factor.

### 168 *1.3. Test fluid characteristics*

169 Two different types of test fluids were employed in the experiments; a Newtonian  
170 and a non-Newtonian fluid. The Newtonian test fluid was propylene-glycol whereas  
171 the non-Newtonian test fluids were 1% wt aqueous solutions of carboxymethyl cellu-  
172 lose (CMC), supplied by Sigma-Aldrich Co. Two different non-Newtonian test fluids  
173 were obtained by using two types of CMC: medium-viscosity (mv) and high-viscosity

174 (hv) grade. The solutions were prepared by dissolving the polymer powder in dis-  
 175 tilled water and then raising the pH values of the solution to increase viscosity. All  
 176 propylene-glycol thermophysical properties were obtained from tables except viscos-  
 177 ity, which was obtained by using the in-line viscometer (see Sec. 1.4). On the other  
 178 hand, all CMC thermophysical properties except the rheological parameters were  
 179 assumed to be the same as pure water. Solutions of CMC in water at low concentra-  
 180 tions are pseudoplastic in nature, and their constitutive relationship can be expressed  
 181 as (Chhabra et al [18]):

$$182 \quad \tau_w = K \left[ \frac{8\bar{u}}{D} \left( \frac{3n+1}{4n} \right) \right]^n \quad (3)$$

183 where  $\tau_w$  is the wall shear stress,  $K$  the flow consistency index,  $n$  the flow behaviour  
 184 index and  $(8\bar{u}/D)$  is the velocity gradient at the wall for Newtonian fluids in fully  
 185 developed laminar flow. The values of  $n$  and  $K$  for the test fluids were obtained by  
 186 using the in-line smooth tube as a viscometer. The parameter  $(8\bar{u}/D)$  was calculated  
 187 from the fluid flow rate, and  $\tau_w$  was computed from the isothermal pressure drop  
 188 measurements at 25°C, 45°C and 60°C by means of:

$$189 \quad \tau_w = \frac{\Delta P D}{l_p} \frac{1}{4}. \quad (4)$$

190 The procedure to obtain the values of the Newtonian viscosity  $\mu$  for propylene-  
 191 glycol was analogue. Replacing  $n$  by 1 in Eq. 3 the flow consistency index  $K$  becomes  
 192 the viscosity  $\mu$ , and the Newtonian expression appears:

$$193 \quad \tau_w = \mu \left( \frac{8\bar{u}}{D} \right). \quad (5)$$

194 Therefore, following the same steps as with CMC, viscosity can be calculated.  
 195 Fig. 3 shows the flow curves ( $\tau_w$  vs.  $8\bar{u}/D$ ) for the non-Newtonian fluids used in the

196 smooth-tube experiments. Fresh CMC solutions were prepared to be used in the  
197 wire coil experiments. The values of  $n$  and  $K$  for the wire coil and the smooth-tube  
198 experiments are listed in Table 3, whereas the values of propylene-glycol viscosity  $\mu$   
199 are listed in Table 5. The uncertainty calculations based on a 95% confidence level  
200 shown maximum values of 0.2% for  $n$  and 3% for  $K$  and  $\mu$ .

#### 201 1.4. Experimental details

202 The aqueous solutions of CMC degrade with shear and temperature because of  
203 the breakage of polymer chains (thixotropy). In this work, the experimental program  
204 was designed to shorten the time of testing. The tests for a given geometry (plain  
205 tube or tube with wire coil) with one type of aqueous solution of CMC (CMC high  
206 viscosity or medium viscosity grade) took about 450 minutes. A typical measurement  
207 cycle is schematically represented in Fig. 4, consisting of: 1-Pressure drop and flow-  
208 rate measurements at  $T_b=25^\circ\text{C}$  (in-line viscometer), 2-Pressure drop test at  $T_b=25^\circ\text{C}$   
209 (wire coil tube), 3-Heat transfer test at  $T_b(l_x)=25^\circ\text{C}$  (wire coil tube), 4-Pressure  
210 drop and flow-rate measurements at  $T_b=45^\circ\text{C}$  (in-line viscometer), 5-Pressure drop  
211 test at  $T_b=45^\circ\text{C}$  (wire coil tube), 6-Heat transfer test at  $T_b(l_x)=45^\circ\text{C}$  (wire coil  
212 tube), 7-Pressure drop and flow-rate measurements at  $T_b=60^\circ\text{C}$  (in-line viscometer),  
213 8-Pressure drop and flow-rate measurements at  $T_b=25^\circ\text{C}$  (in-line viscometer). For  
214 each complete measurement cycle performed (1 – 8), the test fluid was replaced with  
215 a fresh one.

216 The in-line viscometer results (tests 1, 4, and 7) were processed to obtain the  
217 rheological fluid properties,  $K$  and  $n$ , as described in the preceding section. These  
218 properties were used in the data reduction routines. During the heat transfer ex-  
219 periments, the power input was adjusted to control the wall temperature at the  
220 measuring section,  $T_w(l_x)$ . In the tests at  $T_b(l_x)=25^\circ\text{C}$ ,  $T_w(l_x)$  was fixed at  $45^\circ\text{C}$ ,

221 and at  $T_b(l_x)=45^\circ\text{C}$ ,  $T_w(l_x)$  was  $60^\circ\text{C}$  (see Fig. 4). Thus, in the data processing, the  
 222 values of  $n$ ,  $K$  (for bulk temperature) and  $K_w$  (for wall temperature) were completely  
 223 known (see Sec. 2.2). The difference between the values of  $K$  and  $n$  obtained from  
 224 tests 1 and 8 (performed at a same temperature in an interval of about 450 minutes)  
 225 gives insight into the degradation rate of the fluid. Table 4 shows the values of  $K$   
 226 and  $n$  at the beginning and the end of each measurement cycle. A maximum fall of  
 227 38.9% in the value of  $K$  and 6.9% in the value of  $n$  is observed for the worst case  
 228 (wire coil with CMC-mv). The arithmetic averaging procedure proposed by Joshi  
 229 and Bergles [19] was employed, in order to estimate the corresponding values of  $K$   
 230 and  $n$  for a given time.

## 231 2. Results and discussion

### 232 2.1. Friction factor results

233 Fig. 5 shows the friction factor results for the plain tube, including both CMC  
 234 and propylene-glycol (PG) fluids. The Reynolds number proposed by Metzner and  
 235 Reed [20] for non-Newtonian power-law fluids has been used:

$$236 \quad Re_{MR} = \frac{8^{1-n} D^n \bar{u}^{2-n} \rho}{K \left[ \frac{3n+1}{4n} \right]^n}, \quad (6)$$

237 which for laminar flow in a smooth tube is related to the friction factor in the same  
 238 way as is for Newtonian fluids ( $f = 16/Re_{MR}$ ). According to that,  $Re_{MR}$  number is  
 239 also valid for Newtonian fluids and particularly for propylene-glycol, in which  $n=1$   
 240 and  $K$  becomes the Newtonian viscosity  $\mu$ . This property of  $Re_{MR}$  number allows  
 241 comparisons between Newtonian and non-Newtonian fluids. The smooth tube results  
 242 of Fig. 5 are in excellent agreement with the analytical solution, with a maximum  
 243 deviation of  $\pm 1.6\%$ .

244 Fig. 6 depicts the friction factor results for the two tested wire coils inserts,  
 245 including both CMC and propylene-glycol. These results show a different friction  
 246 factor tendency for each wire coil. Although the transition starts for both wire coils at  
 247  $Re_{MR} \approx 500$ , the shorter pitch WC1 brings the transition forward slightly compared  
 248 with WC2, which leads to higher  $f$  values for WC1 when equal  $Re_{MR}$  numbers are  
 249 compared. Regarding the fluid type, a similar behaviour between Newtonian and  
 250 non-Newtonian fluids is observed. This similarity agrees with the exposed above:  
 251 the use of  $Re_{MR}$  yields the same relationship for Newtonian and non-Newtonian  
 252 fluids in the laminar region, showing also equal values of  $f$  for the transition region.

253 Fig. 7 shows the increase in friction factor  $f_{wc}/f_s$  vs. Reynolds number  $Re_{MR}$ .  
 254 Both wire coils inserts produced a moderate increase (50%) in pressure drop at  
 255 Reynolds numbers below 500. WC1 shows a greater turbulence transition promoting  
 256 effect respect to WC2. At  $Re_{MR} \approx 1000$  the friction factor increment respect to the  
 257 plain tube for the smaller pitch wire coil is about 3 whereas for the bigger pitch wire  
 258 coil is around 2. For higher values of  $Re_{MR}$  ( $\approx 1300$ ) the friction factor increment for  
 259 WC1 is equal to 8 whereas for WC2 is 6. On the other hand and in the same way as  
 260 in 6, the type of fluid has no effect when  $Re_{MR}$  is used; equal  $Re_{MR}$  values lead to  
 261 the same friction factor increments respect to the plain tube.

## 262 2.2. Nusselt number results

263 The heat transfer results for the smooth tube have been compared with the  
 264 correlation of Bird et al [12] for forced convection heat transfer in laminar flow:

$$265 \quad Nu = 1.41 \Delta^{1/3} Gz^{1/3}, \quad (7)$$

$$266 \quad Gz = \frac{\dot{m}c_p}{kl_x}, \quad (8)$$

267 and the term  $\Delta$  is expressed as:

$$268 \quad \Delta = \frac{3n + 1}{4n}, \quad (9)$$

269 Both the heat transfer measurements in the plain tube and the tube with wire  
270 coil have been corrected by the factor  $\Delta^{1/3}$ , in order to show the results free of non-  
271 Newtonian effects. A consistency index correction has also been applied to account  
272 for radial temperature variation, according to Joshi and Bergles [19]:

$$273 \quad (K_b/K_w)^{0.58-0.44n} \quad (10)$$

274 where  $K_b$  and  $K_w$  are the fluid consistency index evaluated at bulk and wall temper-  
275 atures, respectively. In the same way as in the  $Re_{MR}$  number, these expressions can  
276 be applied to a Newtonian fluid (i.e. propylene-glycol), in which  $\Delta=1$  and Eqs. 7  
277 and 10 become the well-known Newtonian expressions. As mentioned in section 1.2,  
278 the outside wall temperature at the measuring point,  $T_{wo}$ , was measured with eight  
279 surface thermocouples placed  $45^\circ$  apart. This arrangement allowed to determine if a  
280 circumferential temperature variation existed, which would suggest the presence of  
281 mixed convection heat transfer phenomena. Within the experimental range covered,  
282 no effect of buoyancy forces on heat transfer has been observed. The heat transfer  
283 experimental data for the plain tube including both propylene-glycol and CMC is  
284 presented in Fig. 8, in terms of local Nusselt number *vs* Graetz number.

285 As it is shown in Fig. 8, the Nusselt number results for the plain tube are in  
286 good agreement with Bird correlation (Eq 7), with a deviation of  $\pm 6.5\%$  for 95% of  
287 data. Fig. 9 shows Nusselt number *vs*. Reynolds number for the plain tube and for  
288 the wire coil inserts, including again propylene-glycol, CMC-hv and CMC-mv. The  
289 three reference lines shown in Fig. 9 correspond to the solution of Eq. 7 for each  
290 working fluid. At low Reynolds numbers, wire coils have no effect in heat transfer.

291 However, both wire coils become more effective as turbulence is established. In terms  
 292 of relative effectiveness between them, results seem to show a higher increase of heat  
 293 transfer for wire coil WC1 (lower pitch), as it was expected from the early transition  
 294 to turbulence observed in Figs. 6 and 7. On the other hand, the performance of  
 295 the wire coil regarding the type of fluid seems to be lower for wire coil WC1, when  
 296 it is compared with the Newtonian results. The increment in heat transfer due to  
 297 transition is shifted from  $Re_{MR} \approx 300$  to  $Re_{MR} \approx 500$ . For the case of wire coil  
 298 WC2, the difference between Newtonian and non-Newtonian fluid is much lower,  
 299 while an early transition for the non-Newtonian fluid can be observed respect to the  
 300 Newtonian one.

301 All these facts are more clearly noticeable if the heat transfer results are processed  
 302 in terms of Prandtl number and  $Nu_{wc}/Nu_s$  ratio, which relates the heat transfer  
 303 coefficient in the tube with wire coil insert with the one in the plain tube, at the  
 304 same Reynolds number. Figs. 10 and 11 show respectively the wire coils WC1  
 305 and WC2 for the  $Nu_{wc}/Nu_s$  ratio *vs.* Reynolds number, including also the Prandtl  
 306 number for each  $Re_{MR}$  value. Propylene-glycol (Newtonian fluid)  $Nu$  values from  
 307  $Re_{MR} > 2000$  onwards have been divided by the turbulent regime correlation for  
 308 smooth tube (García et al. [14]):

$$309 \quad Nu_{s,t} = 0.0147 [(Re - 1000)^{0.86} Pr^{0.39}] \quad (11)$$

310 Prandtl number is obtained from the apparent viscosity  $\mu_{eff}$ ,

$$311 \quad \mu_{eff} = K \dot{\gamma}_w^{n-1} \quad (12)$$

312 where  $\dot{\gamma}_w$  is the wall shear rate, defined as,

$$313 \quad \dot{\gamma}_w = \left[ \frac{3n+1}{4n} \left( \frac{8\bar{u}}{D} \right) \right] \quad (13)$$

314 Thus, Prandtl number for non-Newtonian fluids depends on the fluid velocity and  
 315 therefore on the Reynolds number. This fact is clearly noticeable in Figs. 10 and 11.  
 316 Comparing both figures, an early transition to turbulent regime is observed for wire  
 317 coil WC1 (Fig. 10). Above  $Re_{MR} \approx 500$ , the Nusselt number results for this wire  
 318 coil are significantly higher than the plain tube results, while in the wire coil WC2  
 319 the same situation is reached for  $Re_{MR} \approx 600$ . This different tendency disappears  
 320 after reaching the turbulent regime, and both wire coils tend to the same values. The  
 321  $Nu_{wc}/Nu_s$  ratio increase with Reynolds number; a maximum value of  $Nu_{wc}/Nu_s=7.5$   
 322 is observed at  $Re_{MR}=1900$ , for both wire coil WC1 and WC2. In terms of Newtonian  
 323 and non-Newtonian behavior, an early transition of propylene-glycol with respect to  
 324 CMC have been found for wire coil WC1 ( $p/D=1$ ) while the opposite tendency is  
 325 found in the wire coil WC2 ( $p/D=2$ ). This different tendency disappears as long as  
 326 the transition to turbulent regime results in a completely turbulent regime, in the  
 327 same way that occurs for the two wire coils results (mentioned above). Moreover, the  
 328 results of CMC and propylene-glycol with the same Prandtl value present a similar  
 329 ratio  $Nu_{wc}/Nu_s$ .

### 330 2.3. Performance evaluation

331 The  $R3$  criterion outlined by Bergles et al. [21] has been calculated to quantify  
 332 the performance of the wire coil inserts. This criterion yields the heat transfer  
 333 augmentation ( $Nu_{wc}/Nu_s$ ) when the wire coil is inserted in a smooth tube, for equal  
 334 pumping power and heat exchange surface area. To satisfy the constraint of equal  
 335 pumping power,  $Nu_s$  is evaluated at the equivalent smooth tube Reynolds number  
 336  $Re_s$ , which matches:

$$337 \quad R3_s^3 = \frac{f_{wc}}{f_s} Re_{MR} \quad (14)$$



338 Fig. 12 shows the results of  $R3$  vs. the equivalent smooth tube Reynolds number,  
339  $Re_s$ . It includes both the two wire coils as well as the tested fluids (propylene-glycol  
340 ,CMC-hv and CMC-mv). The wire coil inserts have a poor performance at low  
341 Reynolds numbers ( $Re_s < 500$ ), where they even adversely affect the heat transfer  
342 ( $R3 \approx 1$ ). The  $R3$  values make evident that there are no significant differences on  
343 the thermal-hydraulic performance for the two wire coils investigated: the same type  
344 of fluid shows similar  $R3$  values for different pitches. However, the results exhibit  
345 higher  $R3$  values for the Newtonian fluid compared with the non-Newtonian one.  
346 Thereby, the transition of the propylene-glycol starts at  $Re_s \approx 300$ , whereas for the  
347 CMC solutions it does at  $Re_s \approx 500$  (both independently of the wire coil pitch).

348 At  $Re_s \approx 700$   $R3$  reaches a value of 4 for propylene-glycol and around 3 for  
349 the CMC solutions. However, once the flow becomes more and more turbulent the  
350 difference is smaller, leading to a value of  $R3 \approx 7$  for  $Re_s \approx 1300$  in both cases, which  
351 means that at  $Re_s \approx 1300$  the heat transfer rate will be increased by 300% if the wire  
352 coil is inserted in a smooth tube.

353 Therefore, the higher heat transfer augmentation reported for the wire coil WC1  
354 with respect to the wire coil WC2 in Fig. 9 is outweighed here by the higher values  
355 of friction factor (Fig. 6). Hence the  $R3$  values result in a similar performance for  
356 both wire coils if the same type of fluid is compared. However the presence of the  
357 wire coil shows a more positive effect on Newtonian fluid than in non-Newtonian  
358 ones, advancing the transition to turbulence.

### 359 3. Conclusions

- 360 1. Isothermal pressure drop and heat transfer experiments under UHF for Newto-  
361 nian and pseudoplastic non-Newtonian flow have been performed on two wire  
362 coils inserted in a smooth tube, covering the laminar and transition regimes:

363  $Re_{MR} = 10-1200$  and  $Pr = 150-1900$ . Rheological properties were measured  
364 with an in-line viscometer.

365 2. In laminar regime, results show a negligible effect of the wire coils whereas the  
366 transition to turbulent flow is brought forward to  $Re_{MR} \approx 500$  smoothly. Higher  
367 pitch-diameter ratio leads to a greater effect in the promotion to turbulence,  
368 whereas no difference was found between non-Newtonian and Newtonian fluids.

369 3. The wire coil inserts have no effect in heat transfer for low Reynolds num-  
370 bers (below  $Re_{MR} \approx 500$ ), becoming more effective as turbulence is established  
371 and tending both wire coils to the same values: maximum Nusselt number  
372 augmentations of 7.5 were found at  $Re_{MR} \approx 1900$ .

373 4. According to the criterion  $R3$  both wire coil inserts have a poor performance  
374 at low Reynolds numbers, becoming effective for Reynolds numbers above 500.  
375 Both wire coils have a similar performance for equal type of fluids being the  
376 wire-coil enhancement more noticeable for the Newtonian flow: at  $Re_{MR} \approx 700$   
377  $R3$  reaches a value of 4 for propylene-glycol and around 3 for the CMC solutions,  
378 whereas at  $Re_{MR} \approx 1300$  the  $R3$  value is  $\approx 7$  for both fluids.

379 5. The prediction of the friction factor values in plain tubes with wire coil inserts  
380 for the tested non-Newtonian fluids can be accurately retrieved from the exist-  
381 ent correlations for Newtonian fluids by simply using the  $Re_{MR}$ . The Nusselt  
382 number values can be approached by the existent correlations for Newtonian  
383 fluids applying the factor  $\Delta^{1/3}$ .

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441 **Figure captions**

Figure 1: Sketch of a wire coil fitted inside a smooth tube.

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Figure 2: Schematic diagram of the experimental setup: (1) supply tank, (2) gear pumps, (3) frequency controller, (4) immersion resistances, (5) Coriolis flowmeter, (7, 8) inlet and outlet immersion RTDs, (9) pressure transmitter, (10) electrical transformer, (11) autotransformer, (12) surface thermocouples (13) plate heat exchanger, (14) PID, (15) three-way valve, (16) cooling tank, (17) cooling machine, (18) in-line viscometer.

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Figure 3: Experimental relation shear stress-shear rate for the CMC solutions obtained in smooth tube tests.

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Figure 4: Typical measurement cycle (clockwise direction): in-line viscometer rheological properties  $n$  and  $K$  and their application in each pressure drop ( $\Delta P$ ) and heat transfer ( $Q$ ) wire-coil test.

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Figure 5: Fanning friction factor results for the smooth tube.

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Figure 6: Fanning friction factor results for the two wire-coils inserts.

Figure 7: Fanning friction increase  $f_w/f_s$  vs. Reynolds number.

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Figure 8: Local Nusselt number as a function of Graetz number for the smooth tube in forced convection.

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Figure 9: Fully developed Nusselt number results for the smooth tube and wire coils as a function of Reynolds number.

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Figure 10: Nusselt number augmentation,  $Nu_w/Nu_s$ , and  $Pr$  number vs. Reynolds number for wire coil WC1.

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Figure 11: Nusselt number augmentation,  $Nu_w/Nu_s$ , and  $Pr$  number *vs.* Reynolds number for wire coil WC2.

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Figure 12:  $R3$  performance evaluation *vs* equivalent smooth tube Reynolds number.



	CMC-mv 1%wt	CMC-hv 1%wt	Propylene glycol
$q''$ (W m <sup>-2</sup> )	7,320-37,541	7,936-66,463	4,563-49,114
$Re_{MR}$	8-400	58-1819	221-3160
$Pr$	490-1900	150-380	142-314
$n$	0.41-0.43	0.86-0.94	0.027-0.011
$\dot{\gamma}$ (s <sup>-1</sup> )	87-778	74-700	-
$\mu$ (kg m <sup>-1</sup> s <sup>-1</sup> )	-	-	0.027-0.011
$\dot{m}$ (kg h <sup>-1</sup> )	150-1400	150-1400	160-1800

Table 1: Ranges of investigated experimental variables.

	$D(\text{mm})$	$p/D$	$e/D$	$p/e$	$\alpha$ ( $^\circ$ )
Wire Coil WC1	18	1	0.088	11.3	63.4
Wire Coil WC2	18	2	0.088	22.5	45.0

Table 2: Geometry of the wire coils tested.

Test	T (°C)	CMC-mv 1%wt		CMC-hv 1%wt	
		$n$	$K$	$n$	$K$
Smooth tube	25	0.86	0.10	0.39	4.82
	45	0.94	0.04	0.41	2.91
	60	1.01	0.01	0.44	2.72
WC1	25	0.85	0.11	0.38	4.83
	45	0.96	0.05	0.42	2.93
	60	1.02	0.02	0.45	2.71
WC2	25	0.87	0.09	0.40	4.81
	45	0.95	0.06	0.40	2.92
	60	1.03	0.01	0.43	2.73

Table 3: Values of  $n$  and  $K$  ( $\text{kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$ ) for CMC used for wire coil tests and smooth tube tests.

Test	Measure	CMC-mv 1%wt		CMC-hv 1%wt	
		$n$	$K$	$n$	$K$
Smooth tube	Initial	0.86	0.10	0.39	4.82
	Final	0.92	0.06	0.43	3.89
	Variation (%)	6.98	40.00	10.26	19.29
WC1	Initial	0.85	0.11	0.38	4.83
	Final	0.93	0.07	0.41	3.88
	Variation (%)	9.41	36.36	7.89	19.67
WC2	Initial	0.87	0.09	0.40	4.81
	Final	0.91	0.05	0.42	3.87
	Variation (%)	8.33	50.00	7.69	19.54

Table 4: Values of  $n$  and  $K$  ( $\text{kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$ ) for the test fluids, at the beginning and the end of 25°C experiments.

Propylene-glycol		
Test	T (°C)	$\mu$
	25	0.027
Smooth tube and wire coils	45	0.011
	45	0.009

Table 5: Experimental data for dynamic viscosity  $\mu$  ( $\text{kg}\cdot\text{m}^{-1}\cdot\text{s}^{-1}$ ) for propylene-glycol used for wire coil tests and smooth tube tests.























