

# Journal of Medical Systems

## IoT architecture for smart control of an exoskeleton robot in rehabilitation by using a Natural User Interface based on gestures.

--Manuscript Draft--

<b>Manuscript Number:</b>	JOMS-D-19-01434R1
<b>Full Title:</b>	IoT architecture for smart control of an exoskeleton robot in rehabilitation by using a Natural User Interface based on gestures.
<b>Article Type:</b>	SI: Artificial Intelligence in Medicine (AIM)
<b>Section/Category:</b>	Mobile & Wireless Health
<b>Keywords:</b>	Intelligent Robots; IoT; ROS; Exoskeleton; Rehabilitation
<b>Corresponding Author:</b>	Nieves Pavón-Pulido, Ph.D. Universidad Politecnica de Cartagena Cartagena, Murcia SPAIN
<b>Corresponding Author Secondary Information:</b>	
<b>Corresponding Author's Institution:</b>	Universidad Politecnica de Cartagena
<b>Corresponding Author's Secondary Institution:</b>	
<b>First Author:</b>	Nieves Pavón-Pulido, Ph.D.
<b>First Author Secondary Information:</b>	
<b>Order of Authors:</b>	Nieves Pavón-Pulido, Ph.D. Juan Antonio López-Riquelme, Ph. D Jorge Juan Feliú Batlle, Ph. D
<b>Order of Authors Secondary Information:</b>	
<b>Funding Information:</b>	
<b>Abstract:</b>	<p>This paper describes a system for allowing a therapist to record specific motions, as a part of a rehabilitation program, mainly aimed at the elderly people, by using a Natural User Interface based on gestures. Motions are sent to an exoskeleton robot which reproduces them in the patient's lower limbs. The proposed system is an early prototype implemented as of a set of interconnected components, which run independently and remotely, under a distributed software architecture. Such prototype has been properly validated through different tests in a controlled environment. The obtained results and a discussion about benefits and drawbacks are also presented, together with preliminary ideas about future research for overcoming such drawbacks and transforming the prototype into a functional system to be tested in a real scenario with real patients.</p>

[Click here to view linked References](#)

# IoT architecture for smart control of an exoskeleton robot in rehabilitation by using a Natural User Interface based on gestures.

Pavón-Pulido, Nieves

*Technical University of Cartagena. Campus Muralla del Mar C/ Doctor Fleming, s/n. 30202 Cartagena.*

+34968325335

+34968325345

[nieves.pavon@upct.es](mailto:nieves.pavon@upct.es)

López-Riquelme, Juan Antonio

*Technical University of Cartagena. Campus Muralla del Mar C/ Doctor Fleming, s/n. 30202 Cartagena.*

+34968325466

+34968325345

[jantonio.lopez@upct.es](mailto:jantonio.lopez@upct.es)

Feliú-Batlle, Jorge J.

*Technical University of Cartagena. Campus Muralla del Mar C/ Doctor Fleming, s/n. 30202 Cartagena.*

+34968325390

+34968325345

[jorge.feliu@upct.es](mailto:jorge.feliu@upct.es)

Abstract

This paper describes a system for allowing a therapist to record specific motions, as a part of a rehabilitation program, mainly aimed at the elderly people, by using a Natural User Interface based on gestures. Motions are sent to an exoskeleton robot which reproduces them in the patient's lower limbs. The proposed system is an early prototype implemented as of a set of interconnected components, which run independently and remotely, under a distributed software architecture. Such prototype has been properly validated through different tests in a controlled environment. The obtained results and a discussion about benefits and drawbacks are also presented, together with preliminary ideas about future research for overcoming such drawbacks and transforming the prototype into a functional system to be tested in a real scenario with real patients.

*Keywords: Intelligent Robots, IoT, ROS, Exoskeleton, Rehabilitation*

## Introduction.

Population aging is an unquestionable fact that is occurring throughout the world, and life expectancy is also growing, both in developed and developing countries. Although these events are good news, many challenges are emerging from an economic and social point of view [1, 2].

Despite life expectancy is higher, elderly people quality life is not yet as satisfactory as expected since, in many cases, certain diseases affect them more virulently and trigger problems related to mobility, whose lack worsens other illness and conditions related to mental and emotional health [3].

When lack of mobility is not yet very severe, applying suitable rehabilitation programs is usually one of the best options to help patients to recover certain degree of autonomy. Applying some rehabilitation programs involves patients to be displaced to specialized centers because well-trained staff is needed for this purpose; specific assistive tools and equipment are required; and, typically, a direct contact between patient and therapist is needed.

On the other hand, saturation of waiting lists, due to the medical staff deficient size and the growth of the number of patients, and often related to lack of budget, and logistics drawbacks, is also a problem. In these circumstances, technical advances based on the application of Information and Communication Technologies (ICTs), in particular, Artificial Intelligence, Internet of Things (IoT) and Cloud Computing, among other related paradigms, could help the aforementioned difficulties to be minimized and, even, overcome.

Nowadays, many well-established research lines are focused on developing solutions for improving elderly people quality life. Many of them are based on the application of Ambient Assisted Living (AAL) techniques [4], combined to other disciplines, such as Robotics [5, 6] and Artificial Intelligence (AI), or Telemedicine [7], which contributes to the remote assistance of patients, avoiding unnecessary trips and optimizing medical resources. However, in the field of rehabilitation, specialized staff and equipment are unavoidable requirements. Consequently, solutions based on developing complex remote rehabilitation systems are not actually frequent.

An interesting research line, focused on improving rehabilitation technology by using ICTs, is based on the use of external exoskeleton robots [8], designed as enablers for rehabilitation exercises. However, the integration of hardware,

1 firmware and low and high level software components is still a challenge; even  
2 more, if usable systems (for both, therapists and patients), are intended to be  
3 developed. In [9], an early prototype for remote rehabilitation that uses an  
4 exoskeleton (in the patient side), and a Kinect v2 sensor [10] used as a Natural  
5 User Interface (NUI), based on gestures [11] (in the therapist side), is described.  
6  
7 However, several drawbacks were identified, mainly related to the compatibility  
8 of the selected NUI sensor.  
9

10  
11  
12 In this paper an improvement of such system is presented. The architecture of the  
13 system has been enhanced by including a more compatible RGB-D sensor, and  
14 new algorithms have been developed for improving the transference of motion  
15 between the therapist and the patient.  
16  
17

18  
19 The outline of the paper is as follows. Section 2 briefly describes the previous  
20 system architecture proposed in [9], highlighting which components have been  
21 modified. Section 3 shows the tests designed for testing the system and the  
22 obtained results. An analysis and a discussion about such outcomes is presented in  
23 Section 4. Finally, Section 5 presents the main conclusions and the work expected  
24 to be carried out in the near future.  
25  
26  
27  
28  
29  
30

## 31 **System architecture.**

32  
33  
34  
35 The system presented in [9] comprises a collection of software modules, running  
36 under the Robotic Operating System (ROS) [12], which allow an exoskeleton  
37 robot to be remotely controlled through sending angular position commands  
38 corresponding to each joint. Such commands are generated by recording and  
39 processing the therapist's motion, in real time, using a NUI based on gestures,  
40 whose main component is a Kinect V2 RGB-D sensor.  
41  
42

43  
44 Among other reasons, the discontinuation of such sensor, its lack of compatibility  
45 with the Linux Operating System (OS), and the privative character of the Kinect  
46 Software Development Kit (SDK), have led to design and release a new version of  
47 the system.  
48  
49  
50  
51  
52

## 53 **Hardware architecture.**

54  
55  
56  
57 The exoskeleton robot is the key element that enables the remote contact between  
58 therapist and patient. Specifically, an exoskeleton developed under EXO-LEGS  
59 [13], a European project (AAL-010000-2012-15), included in the Ambient  
60  
61  
62  
63  
64  
65

1 Assisted Living Joint Programme, has been used. It consists of two legs with three  
2 identically motorized joints per leg (hip, knee and ankle). Table 1 shows the main  
3 features of the hardware elements [14], which configure a specific joint.  
4

5 As the purpose of the system, in this first stage, is helping people to strengthen the  
6 lower body, the exoskeleton is supported by an auxiliary structure. It is expected  
7 the subject to remain standing while he or she performs the programmed motions,  
8 helped by the exoskeleton.  
9

10 The way in which the therapist defines exercises through specific motions should  
11 be, somehow, recorded and sent to the exoskeleton in a reliable way. The RGB-D  
12 sensor is another key element of the hardware architecture, since it allows the  
13 therapist to record the motion expected to be remotely reproduced by the patient  
14 with the help of the exoskeleton. The previous version of the system was equipped  
15 with a Kinect V2 sensor, which uses time-of-flight (ToF) for depth sensing, and  
16 only works under Windows. The current version uses a structured-light Asus  
17 Xtion Pro Live [15] camera compatible with different operating systems and with  
18 ROS (see Fig. 1). Table 2 summarizes the main differences between both  
19 cameras.  
20

21 Note that, the Asus Xtion Pro Live model was selected because it was available at  
22 the starting point of the prototype development, and a functional skeleton tracking  
23 SDK was still accessible. However, nowadays, both, the sensor and the skeleton  
24 tracking SDK are also discontinued and, consequently, a new model of camera  
25 will be included in the final version of the system. In particular, one marketed by  
26 the Orbbec company which offers an RGB-D solution similar to the Asus Xtion  
27 Pro Live.  
28  
29

### 30 **Software architecture.**

31 The proposed software architecture is distributed according to the kind of user:  
32 therapist or patient. The motion of the therapist's legs is sensed through an RGB-  
33 D camera; then, the angular positions of the main representative joints of his/her  
34 legs are acquired, processed and sent to the exoskeleton, to be reproduced in the  
35 patient lower limbs.  
36

37 Fig. 2 shows the set of software components (and their relations), which comprise  
38 the early version of the architecture described in [9], alongside the modifications  
39 included in the new system.  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65

## *ROS ecosystem.*

ROS is a “flexible framework for writing robot software”, which could be considered, at the lowest level, as a middleware that provides facilities for robot software development. These features help the goals for the proposed rehabilitation system to be achieved.

The main software modules of the new proposed architecture, specifically, the exoskeleton controller and the RGB-D sensor controller, are designed as packages within the ROS ecosystem and, consequently, they are executed as ROS nodes, i.e. processes that perform computation, all of them combined into a graph, centralized in the ROS Master node, which unifies communications over XMLRPC (eXtensible Markup Language Remote Procedure Call). These nodes exchange information through ROS topics (named buses with an anonymous publish/subscribe semantics, which decouples production and consumption of information).

In the very first version of the system, since the Kinect V2 sensor is only compatible under Windows, the compatibility layer WSL (Windows Subsystem for Linux), was used for including the camera controller as part of the ROS ecosystem; however, this approach made the architecture more complex, necessarily forced the installation of Windows 10 and using the Kinect V2 sensor demanded several specific features, in terms of performance, in the computer which was connected to.

These drawbacks led an alternative RGB-D sensor to be selected. In particular, the second (and currently used), version of the system is equipped with the above-mentioned Asus Xtion Pro Live model, which is directly connected to a PC under Linux and whose controller is implemented as a ROS node. However, the therapist computer could run another OS. Another solution for avoiding such prerequisite (which is being included in the next release version of the software), is developed by using the Rosbridge suite, designed to provide a JSON API to ROS functionality for non-ROS programs running in any OS. Thus, any RGB-D sensor could be used by simply writing a controller capable of acquiring and processing the visual information (including the skeleton detection and tracking), and sending it to the ROS ecosystem through Rosbridge.

### *Human skeleton detection and tracking.*

1  
2 An RGB-D sensor is a depth sensing device that works in association with an  
3 RGB camera for augmenting a conventional image with depth information, in a  
4 per-pixel basis. In the context of rehabilitation, the interesting information about  
5 depth is related to the position of the main human body joints, and it is obtained  
6 by applying skeleton tracking techniques.  
7

8  
9  
10  
11 If only a Kinect V2 sensor is present, the Microsoft SDK for skeleton tracking is  
12 used. However, if the system is equipped with an Asus Xtion Pro Live camera, the  
13 NiTE2 middleware based on OpenNI2 (an open source project focused on  
14 facilitating access to NUI devices) [16], is used for skeleton tracking.  
15

16  
17 Both, Microsoft SDK and NiTE2 [17] are not open-source resources, and the  
18 techniques used for skeleton recognition cannot be well-known and, consequently,  
19 modified. According to literature, skeleton tracking with a Kinect V2 sensor could  
20 be a procedure similar to that described in [18], which proposes a method to  
21 predict 3D positions of body joints from a single depth image, through an  
22 intermediate body parts representation, obtained from using a deep randomized  
23 decision forest classifier, trained with hundreds of thousands of training images  
24 (both real and synthetic ones). On the other hand, references about NiTE2, beyond  
25 those explaining how to use the API, are not available.  
26

27  
28 In both cases, the tracking process starts when the target is detected with its first  
29 motion, and such target is lost when it leaves the field of view of the sensor or it is  
30 almost totally occluded.  
31  
32

### *The ROS package for controlling the exoskeleton.*

33  
34  
35  
36  
37  
38  
39  
40  
41  
42 Each exoskeleton joint is implemented by a hardware module controlled by its  
43 own EPOS2 50/5 controller, which can be programmed by using a Linux Shared  
44 Object Library libEPOSCmd.so, provided by the manufacturer. The implemented  
45 ROS package allows control commands and data about the state to be exchanged  
46 with the exoskeleton by using such library.  
47

48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65  
66  
67  
68  
69  
70  
71  
72  
73  
74  
75  
76  
77  
78  
79  
80  
81  
82  
83  
84  
85  
86  
87  
88  
89  
90  
91  
92  
93  
94  
95  
96  
97  
98  
99  
100  
101  
102  
103  
104  
105  
106  
107  
108  
109  
110  
111  
112  
113  
114  
115  
116  
117  
118  
119  
120  
121  
122  
123  
124  
125  
126  
127  
128  
129  
130  
131  
132  
133  
134  
135  
136  
137  
138  
139  
140  
141  
142  
143  
144  
145  
146  
147  
148  
149  
150  
151  
152  
153  
154  
155  
156  
157  
158  
159  
160  
161  
162  
163  
164  
165  
166  
167  
168  
169  
170  
171  
172  
173  
174  
175  
176  
177  
178  
179  
180  
181  
182  
183  
184  
185  
186  
187  
188  
189  
190  
191  
192  
193  
194  
195  
196  
197  
198  
199  
200  
201  
202  
203  
204  
205  
206  
207  
208  
209  
210  
211  
212  
213  
214  
215  
216  
217  
218  
219  
220  
221  
222  
223  
224  
225  
226  
227  
228  
229  
230  
231  
232  
233  
234  
235  
236  
237  
238  
239  
240  
241  
242  
243  
244  
245  
246  
247  
248  
249  
250  
251  
252  
253  
254  
255  
256  
257  
258  
259  
260  
261  
262  
263  
264  
265  
266  
267  
268  
269  
270  
271  
272  
273  
274  
275  
276  
277  
278  
279  
280  
281  
282  
283  
284  
285  
286  
287  
288  
289  
290  
291  
292  
293  
294  
295  
296  
297  
298  
299  
300  
301  
302  
303  
304  
305  
306  
307  
308  
309  
310  
311  
312  
313  
314  
315  
316  
317  
318  
319  
320  
321  
322  
323  
324  
325  
326  
327  
328  
329  
330  
331  
332  
333  
334  
335  
336  
337  
338  
339  
340  
341  
342  
343  
344  
345  
346  
347  
348  
349  
350  
351  
352  
353  
354  
355  
356  
357  
358  
359  
360  
361  
362  
363  
364  
365  
366  
367  
368  
369  
370  
371  
372  
373  
374  
375  
376  
377  
378  
379  
380  
381  
382  
383  
384  
385  
386  
387  
388  
389  
390  
391  
392  
393  
394  
395  
396  
397  
398  
399  
400  
401  
402  
403  
404  
405  
406  
407  
408  
409  
410  
411  
412  
413  
414  
415  
416  
417  
418  
419  
420  
421  
422  
423  
424  
425  
426  
427  
428  
429  
430  
431  
432  
433  
434  
435  
436  
437  
438  
439  
440  
441  
442  
443  
444  
445  
446  
447  
448  
449  
450  
451  
452  
453  
454  
455  
456  
457  
458  
459  
460  
461  
462  
463  
464  
465  
466  
467  
468  
469  
470  
471  
472  
473  
474  
475  
476  
477  
478  
479  
480  
481  
482  
483  
484  
485  
486  
487  
488  
489  
490  
491  
492  
493  
494  
495  
496  
497  
498  
499  
500  
501  
502  
503  
504  
505  
506  
507  
508  
509  
510  
511  
512  
513  
514  
515  
516  
517  
518  
519  
520  
521  
522  
523  
524  
525  
526  
527  
528  
529  
530  
531  
532  
533  
534  
535  
536  
537  
538  
539  
540  
541  
542  
543  
544  
545  
546  
547  
548  
549  
550  
551  
552  
553  
554  
555  
556  
557  
558  
559  
560  
561  
562  
563  
564  
565  
566  
567  
568  
569  
570  
571  
572  
573  
574  
575  
576  
577  
578  
579  
580  
581  
582  
583  
584  
585  
586  
587  
588  
589  
590  
591  
592  
593  
594  
595  
596  
597  
598  
599  
600  
601  
602  
603  
604  
605  
606  
607  
608  
609  
610  
611  
612  
613  
614  
615  
616  
617  
618  
619  
620  
621  
622  
623  
624  
625  
626  
627  
628  
629  
630  
631  
632  
633  
634  
635  
636  
637  
638  
639  
640  
641  
642  
643  
644  
645  
646  
647  
648  
649  
650  
651  
652  
653  
654  
655  
656  
657  
658  
659  
660  
661  
662  
663  
664  
665  
666  
667  
668  
669  
670  
671  
672  
673  
674  
675  
676  
677  
678  
679  
680  
681  
682  
683  
684  
685  
686  
687  
688  
689  
690  
691  
692  
693  
694  
695  
696  
697  
698  
699  
700  
701  
702  
703  
704  
705  
706  
707  
708  
709  
710  
711  
712  
713  
714  
715  
716  
717  
718  
719  
720  
721  
722  
723  
724  
725  
726  
727  
728  
729  
730  
731  
732  
733  
734  
735  
736  
737  
738  
739  
740  
741  
742  
743  
744  
745  
746  
747  
748  
749  
750  
751  
752  
753  
754  
755  
756  
757  
758  
759  
760  
761  
762  
763  
764  
765  
766  
767  
768  
769  
770  
771  
772  
773  
774  
775  
776  
777  
778  
779  
780  
781  
782  
783  
784  
785  
786  
787  
788  
789  
790  
791  
792  
793  
794  
795  
796  
797  
798  
799  
800  
801  
802  
803  
804  
805  
806  
807  
808  
809  
810  
811  
812  
813  
814  
815  
816  
817  
818  
819  
820  
821  
822  
823  
824  
825  
826  
827  
828  
829  
830  
831  
832  
833  
834  
835  
836  
837  
838  
839  
840  
841  
842  
843  
844  
845  
846  
847  
848  
849  
850  
851  
852  
853  
854  
855  
856  
857  
858  
859  
860  
861  
862  
863  
864  
865  
866  
867  
868  
869  
870  
871  
872  
873  
874  
875  
876  
877  
878  
879  
880  
881  
882  
883  
884  
885  
886  
887  
888  
889  
890  
891  
892  
893  
894  
895  
896  
897  
898  
899  
900  
901  
902  
903  
904  
905  
906  
907  
908  
909  
910  
911  
912  
913  
914  
915  
916  
917  
918  
919  
920  
921  
922  
923  
924  
925  
926  
927  
928  
929  
930  
931  
932  
933  
934  
935  
936  
937  
938  
939  
940  
941  
942  
943  
944  
945  
946  
947  
948  
949  
950  
951  
952  
953  
954  
955  
956  
957  
958  
959  
960  
961  
962  
963  
964  
965  
966  
967  
968  
969  
970  
971  
972  
973  
974  
975  
976  
977  
978  
979  
980  
981  
982  
983  
984  
985  
986  
987  
988  
989  
990  
991  
992  
993  
994  
995  
996  
997  
998  
999  
1000

1 The exoskeleton controller uses two hardware interfaces per joint (Joint State  
2 Interface and Position Joint Interface), defined in `ros_control`. Therefore, it is  
3 possible to launch an existing Joint Position Controller to set each joint position,  
4 and a Joint State Controller for publishing each joint state. All the functionality of  
5 the exoskeleton mechanism has been implemented by a C++ class that inherits of  
6 the `hardware_interface::RobotHW` class, defined in the `hardware_interface`  
7 package. The code of the main program follows the typical outline defined by the  
8 `ros_control` framework, that is, a loop for reading the state, updating the controller  
9 and writing the actuation commands for each joint. Fig. 3 shows how the  
10 exoskeleton is controlled through the `ros_control` framework.  
11  
12  
13  
14  
15  
16  
17  
18

### 19 *The ROS package for controlling the RGB-D camera.*

21 The ROS package that controls the Asus Xtion Pro Live camera uses the NiTE2  
22 middleware to access the detected skeleton. The ROS node creates six topics for  
23 sending angular positions corresponding to the hip, knee and ankle joints  
24 calculated from the detected skeleton, which are continuously generated over  
25 time. Each list of angles, corresponding to a specific part of the body, is  
26 considered as a noisy signal with a high frequency noise. It is necessary to avoid  
27 the transmission of such noise to the exoskeleton; therefore, a previous filtering  
28 stage is needed for ensuring the exoskeleton carries out a smooth motion. In fact,  
29 a low pass filter, based on the statistical mean, which also takes into account if the  
30 difference between consecutive angles is high enough for sending a new value to  
31 the exoskeleton, according to a heuristically defined threshold, is continually  
32 applied over each list of angles generated during the last past short interval of  
33 time. Thus, the application of the filter does not have influence in the final  
34 performance of the exoskeleton, when it reproduces a specific exercise, since the  
35 computational cost of the used algorithm is very low.  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48

49 Fig. 4 summarizes how this node works. Note that, under Windows, instead of  
50 directly launching a ROS node, a program with the same functionality for  
51 controlling the camera is executed, and the Rosbridge suite is used to create the  
52 needed topics.  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65



## Results.

During the software development process, a test plan has been designed for validating, first, each component separately and, then the integration of all the modules. As this early prototype could not be validated in a medical context, yet, several tests have been designed to demonstrate the performance of the system, mainly focused on verifying that it is possible to reliably operate the exoskeleton by simply using an RGB-D sensor in real time, in a remote manner. Table 3 summarizes the set of tests carried out during the time of development of the current version of the prototype.

First, the empty exoskeleton has been tested by sending position commands to each joint within a wide range of possible poses, using the ROS tools for managing topics and analyzing the results through the ROS Robot Visualizer Rviz. The software component that controls the RGB-D sensor has also been tested, both independently and together with the Rviz exoskeleton simulator (see Fig. 5), by recording several motions, which have been analyzed to know how noise affects and how filtering solves the problem (see Fig. 6). Finally, the global system has been verified with a user in the role of therapist, when the exoskeleton is empty, as Fig. 7 shows, and with another user in the role of patient that wears the exoskeleton (see Fig. 8). This process has been repeated with different people, with the aim of analyzing how the physical characteristics of each person could influence the performance of the skeleton tracking algorithm, and testing how difficult is the control of the exoskeleton by using this NUI. In all the tests, the camera module is capable of detecting the lower body and calculating and send the angles of the joints to the exoskeleton in a reliable way.

## Discussion.

The obtained preliminary results are positive and the main benefits offered by the system are:

- It could be highly usable for therapists, and the usage learning curve seems to be shallow. However, more tests will be needed when the system is deployed in a medical environment.
- Therapists could record motion exercises to be reproduced by the exoskeleton, for different patients, in different moments.

- Therapists could evaluate the results of the exercises, since the joints state of the exoskeleton could be properly saved during exercise execution.
- Patients could use the exoskeleton without the need of the presence of the therapist, under the supervision of an assistant, at any local clinic.

The new version of the prototype has overcome some problems detected in the previous version, in particular:

- The system architecture has been modified to include a more compatible RGB-D sensor. As mentioned before, since the Asus Xtion Pro Live sensor model is already discontinued, the next release of the proposed system will include a new camera, marketed by the Orbbec company, with the same features, and compatible with OpenNI. Moreover, such company also provides its own SDK that includes body tracking capabilities, thus solving the problem with the NiTE2 SDK, which is also discontinued.
- If the hardware architecture is distributed through Internet (but not in the same Intranet), a Virtual Private Network (VPN), is needed (see Fig. 2), if all the components are written as ROS nodes. The Rosbridge suite enhances the compatibility of ROS and non ROS components and partially solves this problem. However, it is necessary to improve the software architecture to make the system more usable for both, therapists and patients and, therefore, it is being extended by using a Cloud Computing-based solution, by adding a backend based on Google Cloud Endpoint services, and a frontend (graphical user interface), based on HTML5 and JavaScript, which is compatible with the Rosbridge library needed for enabling the access to the ROS components that control the exoskeleton. The extended software architecture will enable therapists to program and design rehabilitation exercises, and patients to perform such exercises, which could be synchronously and/or asynchronously evaluated by the therapist.

## **Conclusions and future work.**

A system for allowing therapists to remotely control an exoskeleton for rehabilitation purposes has been developed, demonstrating that it is possible to apply remote rehabilitation and so, it is feasible to solve, or at least minimize, the logistic issues that handicap the application of certain treatments.

1 The very first prototype has been improved in terms of compatibility and  
2 simplicity and, although it remains an early prototype, it paves the path to get a  
3 better functional solution, ready to be tested in a real environment. That is  
4 precisely the goal of the future research, whose main agenda is: (i) avoiding the  
5 dependence of using existing privative algorithms for skeleton tracking, by  
6 developing a new Deep Learning-based method focused on detecting the lower  
7 limbs in all kind of poses; (ii) using Cloud Computing for improving the  
8 compatibility of the system and (iii) testing it with real people, after including new  
9 biomedical sensors to measure the effectiveness of the rehabilitation exercises  
10 done while wearing the exoskeleton.  
11  
12  
13  
14  
15  
16  
17  
18

#### 19 Acknowledgements

20  
21 The engineer Jesús Damián Blasco deserves a special mention in this work for his support in  
22 several technical aspects. This article is the result of the activity carried out under the “Research  
23 Programme for Groups of Scientific Excellence at Region of Murcia” of the Seneca Foundation  
24 (Agency for Science and Technology of the Region of Murcia – 19895/GERM/15) and with the  
25 support of the research group Neurocor (Neurotechnology, Control and Robotics) at the Technical  
26 University of Cartagena, Spain.  
27  
28  
29  
30

#### 31 Compliance with Ethical Standards:

32  
33  
34  
35  
36 Conflict of Interest: Author Nieves Pavón-Pulido declares that she has no conflict  
37 of interest. Author Juan Antonio López-Riquelme declares that he has no conflict  
38 of interest. Author Jorge J. Feliú-Batlle declares that he has no conflict of interest.  
39  
40  
41  
42

43  
44 Ethical approval: This article does not contain any studies with human  
45 participants or animals performed by any of the authors.  
46  
47

#### 48 References

- 49 1. Lutz, W., Sanderson, W., Scherbov, S.: The coming acceleration of global population ageing.  
50 Nature Int. J. Sci. 451(7179), 716–719 (2008)
- 51 2. United Nations: World Population Ageing. Report, New York (2017)
- 52 3. Tinetti, M.E.: Performance-oriented assessment of mobility problems in elderly patients. J.  
53 Am. Geriatr. Soc. 34, 119–126 (1986)
- 54 4. Memon, M., Wagner, S.R., Pedersen, C.F., Beevi, F., Hansen, F.O.: Ambient assisted living  
55 healthcare frameworks, platforms, standards, and quality attributes. Sensors 14(3), 4312–  
56 4341 (2014)  
57  
58  
59  
60  
61  
62  
63  
64  
65

5. Pavón-Pulido, N., López-Riquelme, J.A., Ferruz-Melero, J., Vega Rodríguez, M.A., BarriosLeón, A.J.: A service robot for monitoring elderly people in the context of Ambient Assisted Living. *J. Ambient Intell. Smart Environ.* 6(6), 595–621 (2014)
6. Pavón-Pulido, N., López-Riquelme, J.A., Pinuaga-Cascales, J.J., Morais, R.: Cybi: a smart companion robot for elderly people: improving teleoperation and telepresence skills by combining cloud computing technologies and fuzzy logic. In: *Proceedings on IEEE International Conference on Autonomous Robot Systems and Competitions*, Vila Real, pp. 198–203 (2015)
7. Bujnowska-Fedak, M.M., Grata-Borkowska, U.: Use of telemedicine-based care for the aging and elderly: promises and pitfalls. *Smart Homecare Technol. TeleHealth* 3, 91 –105 (2015)
8. Younbaek, L., et al.: Biomechanical design of a novel flexible exoskeleton for lower extremities. *IEEE/ASME Trans. Mechatron.* 22(5), 2058–2069 (2017)
9. Pavón-Pulido, N., López-Riquelme, J.A., Feliú-Battle, J.: Intelligent Control of an Exoskeleton for Rehabilitation Purposes Using a ROS-Based Software Architecture. *EPIA 2019. Conference on Artificial Intelligence. Lectures Notes in Artificial Intelligence* 11084, 349-360 (2019)
10. Microsoft Kinect Homepage. <https://developer.microsoft.com/es-es/windows/kinect>. Accessed 21 Nov 2016
11. Pirker, J., Pojer, M., Holzinger, A., Gütl, C.: Gesture-based interactions in video games with the leap motion controller. In: Kurosu, M. (ed.) *HCI 2017. LNCS*, vol. 10271, pp. 620–633. Springer, Cham (2017). [https://doi.org/10.1007/978-3-319-58071-5\\_47](https://doi.org/10.1007/978-3-319-58071-5_47)
12. Quigley, M., et al.: ROS: an open-source Robot Operating System. In: *ICRA Workshop on Open Source Software*, vol. 3 (2009)
13. ExoLegs Homepage. <http://www.aal-europe.eu/projects/exo-legs/>. Accessed 29 Oct 2019
14. Maxon Motor Homepage. <https://www.maxonmotor.com/maxon/view/product/control/Positionierung/347717>. Accessed 29 Oct 2019
15. Asus Xtion Pro Live Homepage. [https://www.asus.com/es/3D-Sensor/Xtion\\_PRO\\_LIVE/](https://www.asus.com/es/3D-Sensor/Xtion_PRO_LIVE/). Accessed 29 Oct 2019
16. OpenNI2 Homepage. <https://structure.io/openni>. Accessed 29 Oct 2019
17. Sinthanayothin, C., Bholsithi, W., Wongwaen, N.: Skeleton Tracking using Kinect Sensor & Displaying in 3D Virtual Scene. *International Journal of Advancements in Computing Technology.* 4(11), 213-223 (2012)
18. Shottont, J., et al.: Real-Time Human Pose Recognition in Parts from Single Depth Images. *Proceedings of CVPR. Computer Vision and Pattern Recognition*, pp. 1297-1304, (2011)
19. Chitta, S., et al.: ros\_control: a generic and simple control framework for ROS. *J. Open Source Softw.* 2(20), 456, 1–5 (2017)

Table 1. Main features of the Maxon devices that comprise each joint.

Table 2. Main features of the RGB-D cameras: Res. represents resolution, F represents the number of frames per second, FOV is Field of View (H for horizontal and V for vertical), measured in degrees, and OMR is Operative Measuring Range in meters (related to depth).

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
61  
62  
63  
64  
65

Table 3. Summary of the test plan developed for validating the performance of the current system, using the Asus Xtion Pro Live model as RGB-D sensor, the real exoskeleton (empty and worn by users), and running all the ROS nodes under the same intranet.

Fig. 1. Hardware architecture of the rehabilitation system based on an exoskeleton robot remotely controlled by using gestures for motion recording through a NUI.

Fig. 2. Software architecture of the rehabilitation system. In the previous version, a Kinect V2 sensor is used. The current version is equipped with an Asus Xtion Pro Live RGB-D sensor, directly compatible with the Linux environment. For processes running Windows, it is possible to use Rosbridge to access the ROS ecosystem.

Fig. 3. Outline of the ROS package that allows the exoskeleton control to be carried out. Since the Epos2 50/5 internally executes a control feedback loop to reach the position, the ROS software controller is really empty. Only it is necessary to read the state, to prove if the position is reached and to write the control command. The behavior of each hardware module for controlling each joint is implemented by the Epos2 class.

Fig. 4. Outline of the RGB-D camera software controller. The Linux version of the RGB-D controller is directly implemented as a ROS node. However, if the RGB-D controller version for Windows is executed, the program uses the same angles extraction algorithm than in the Linux version, but applies the commands within the ROS ecosystem through the Rosbridge suite.

Fig. 5. Experiment to test the performance of the RGB-D camera controller in the Linux environment, executed as a ROS node. A set of joint angles, describing the motion trajectory, has been recorded, filtered and sent to the simulation of the exoskeleton implemented by Rviz under ROS.

Fig. 6. Experiment that shows the result of filtering the original signal generated as the result of the evolution of the knee angle, after repeating the motion of elevating the knee several times.

Fig. 7. Experiment to test the real exoskeleton empty. The user that acts as a therapist is in front of the RGB-D camera. A set of Position Joint Commands, which define the trajectory after executing the motion of elevating and descending the knee, are calculated from the human skeleton, detected taking the depth image captured by the camera as input. The trajectory is properly reproduced by the exoskeleton in real time.

Fig. 8. Experiment to test the system when a user is wearing the exoskeleton. The user acting as a therapist has carried out several motions elevating and descending the knee. The exoskeleton reproduces the motion in real time.

<b>Device marketed by Maxon</b>	<b>Main features</b>
Brushless EC 60 flat motor.	400 W, 48 V, Hall sensors, 470 g.
Planetary gearhead.	Reduction relation of 169:9.
MILE inductive rotatory encoder.	1024 pulse per revolution.
EPOS2 50/5 smart motion controller	USB, RS232 and CAN interfaces

Table 1. Main features of the Maxon devices that comprise each joint.

Sensor	Color		Depth		FOV		OMR meters
	Res.	F	Res.	F	H	V	
Kinect V2	1920×1080	30 fps	512×424	30 fps	70°	60°	[0.5-4.5]
Asus Xtion Pro Live	1280×1024	30 fps	640×480	30 fps	58°	45°	[0.8-3.5]

Table 2. Main features of the RGB-D cameras: Res. represents resolution, F represents the number of frames per second, FOV is Field of View (H for horizontal and V for vertical), measured in degrees, and OMR is Operative Measuring Range in meters (related to depth).

Test	Description	Result	Stage
1	Sending commands to each motor controller independently.	Validated	Implementation of the exoskeleton controller
2	Sending commands to all the motor controllers by using ros_control.	Validated	
3	Skeleton tracking with different users in different settings.	Validated	Implementation of the camera controller
4	Skeleton tracking for sending angles to the simulated exoskeleton in Rviz.	Noise detected	
5	Skeleton tracking for sending angles, after filtering, to the simulated exoskeleton in Rviz.	Validated	
6	Testing the usability of the NUI.	Validated	
7	Testing the system with the empty exoskeleton.	Validated	Deployment
8	Testing the system with a user in the role of therapist and another in the role of patient.	Validated	

Table 3. Summary of the test plan developed for validating the performance of the current system, using the Asus Xtion Pro Live model as RGB-D sensor, the real exoskeleton (empty and worn by users), and running all the ROS nodes under the same intranet.



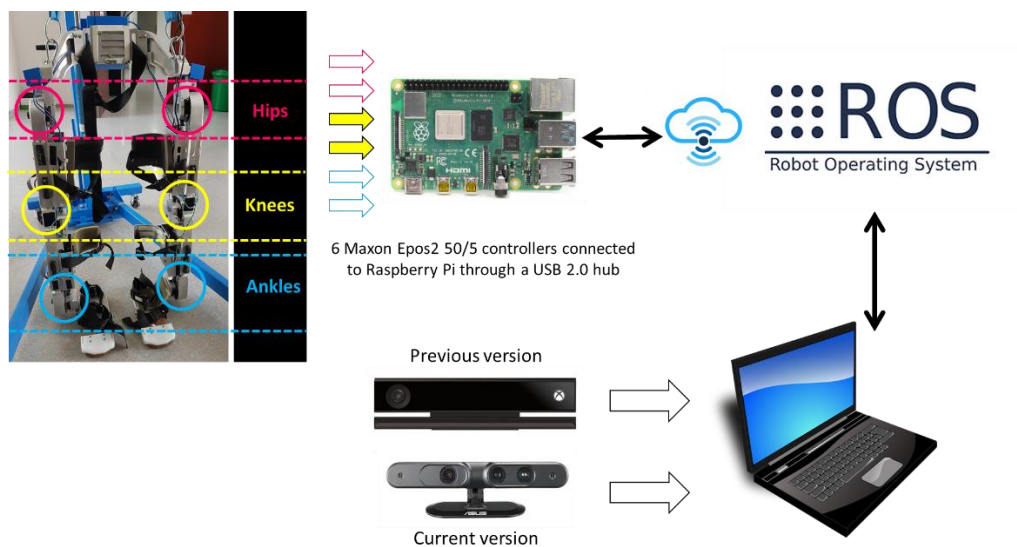


Fig. 1. Hardware architecture of the rehabilitation system based on an exoskeleton robot remotely controlled by using gestures for motion recording through a NUI.

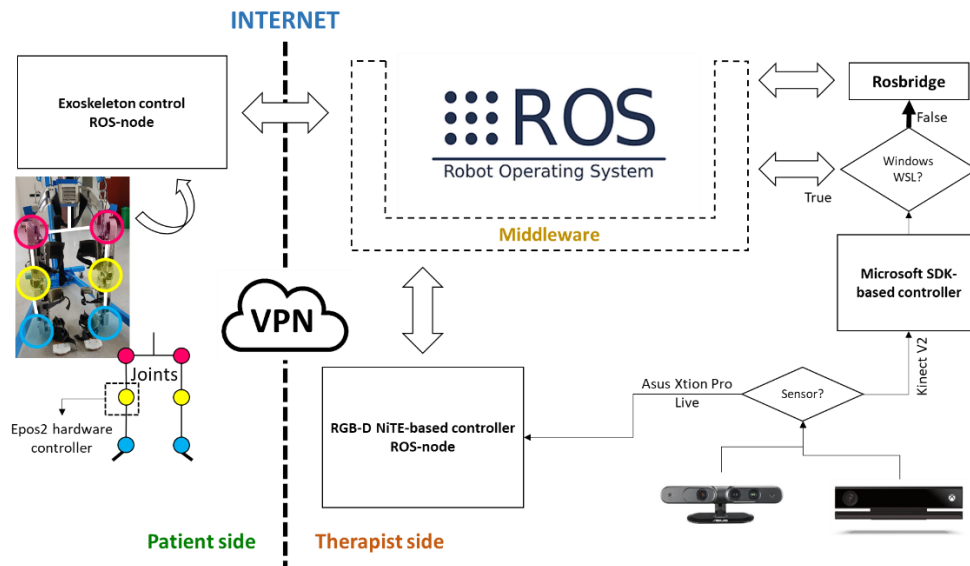


Fig. 2. Software architecture of the rehabilitation system. In the previous version, a Kinect V2 sensor is used. The current version is equipped with an Asus Xtion Pro Live RGB-D sensor, directly compatible with the Linux environment. For processes running Windows, it is possible to use Rosbridge to access the ROS ecosystem.

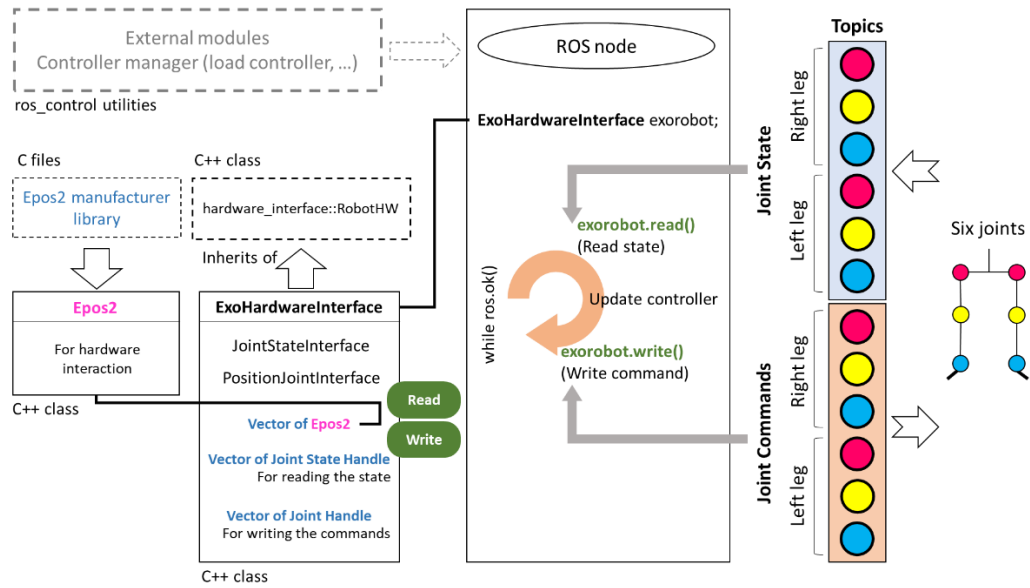


Fig. 3. Outline of the ROS package that allows the exoskeleton control to be carried out. Since the Epos2 50/5 internally executes a control feedback loop to reach the position, the ROS software controller is really empty. Only it is necessary to read the state, to prove if the position is reached and to write the control command. The behavior of each hardware module for controlling each joint is implemented by the Epos2 class.

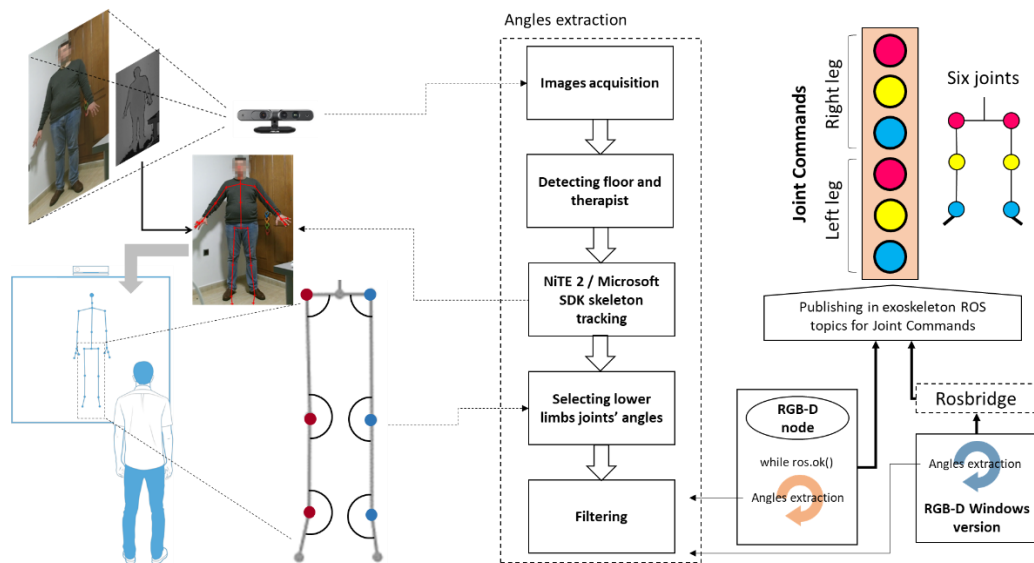


Fig. 4. Outline of the RGB-D camera software controller. The Linux version of the RGB-D controller is directly implemented as a ROS node. However, if the RGB-D controller version for Windows is executed, the program uses the same angles extraction algorithm than in the Linux version, but applies the commands within the ROS ecosystem through the Rosbridge suite.

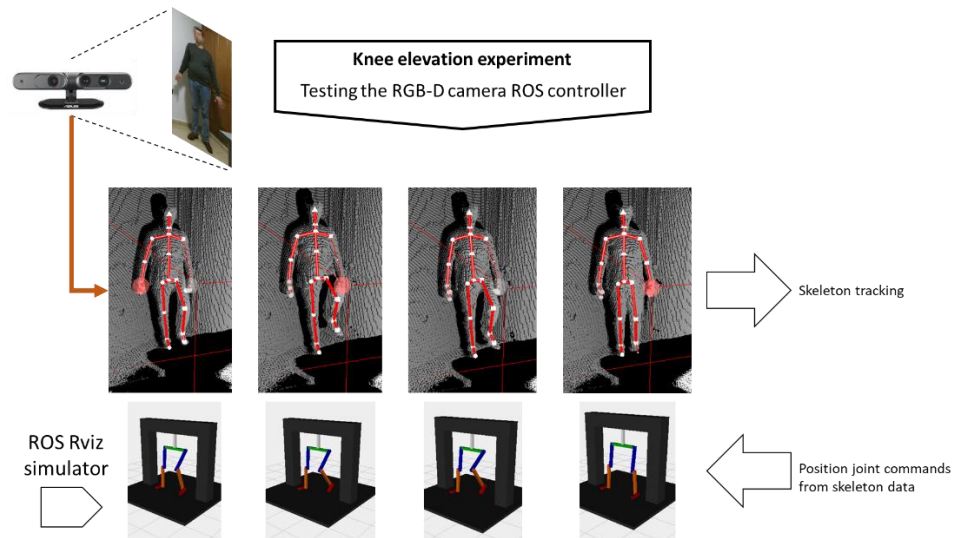


Fig. 5. Experiment to test the performance of the RGB-D camera controller in the Linux environment, executed as a ROS node. A set of joint angles, describing the motion trajectory, has been recorded, filtered and sent to the simulation of the exoskeleton implemented by Rviz under ROS.

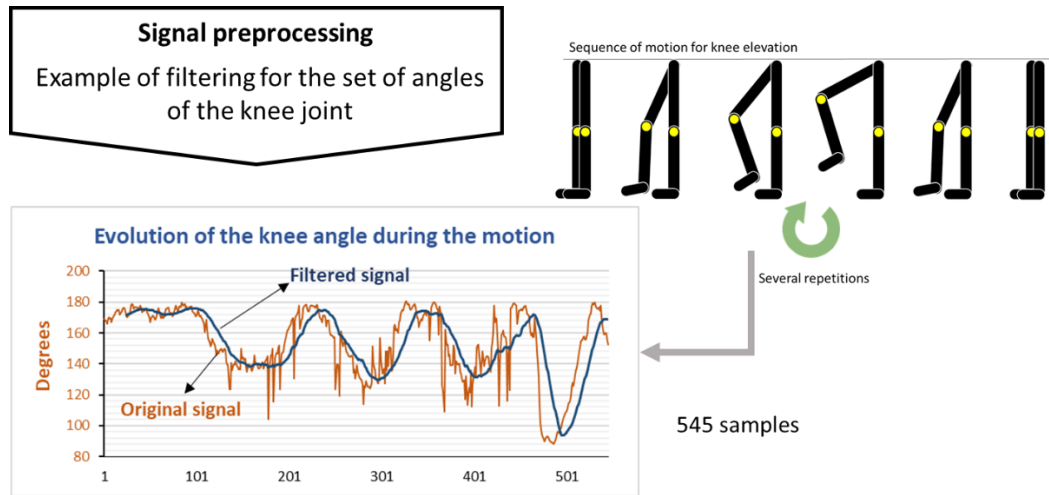


Fig. 6. Experiment that shows the result of filtering the original signal generated as the result of the evolution of the knee angle, after repeating the motion of elevating the knee several times.

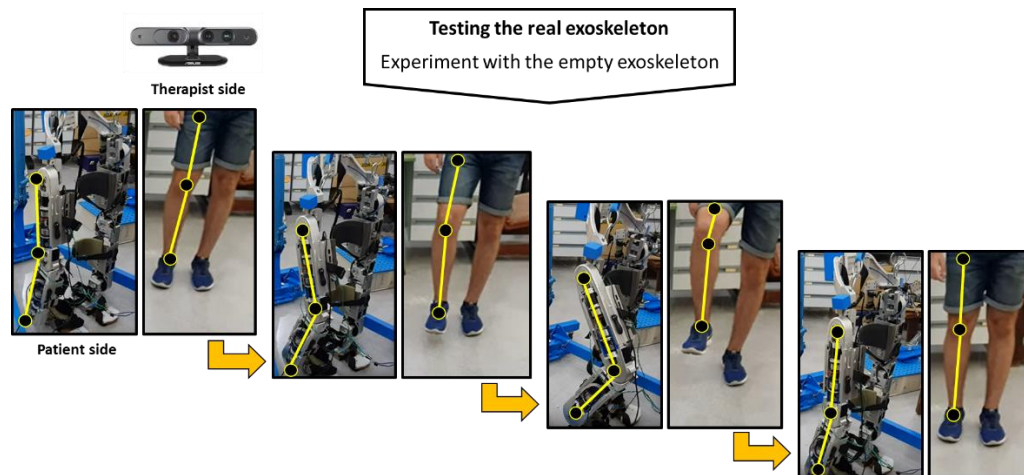


Fig. 7. Experiment to test the real exoskeleton empty. The user that acts as a therapist is in front of the RGB-D camera. A set of Position Joint Commands, which define the trajectory after executing the motion of elevating and descending the knee, are calculated from the human skeleton, detected taking the depth image captured by the camera as input. The trajectory is properly reproduced by the exoskeleton in real time.

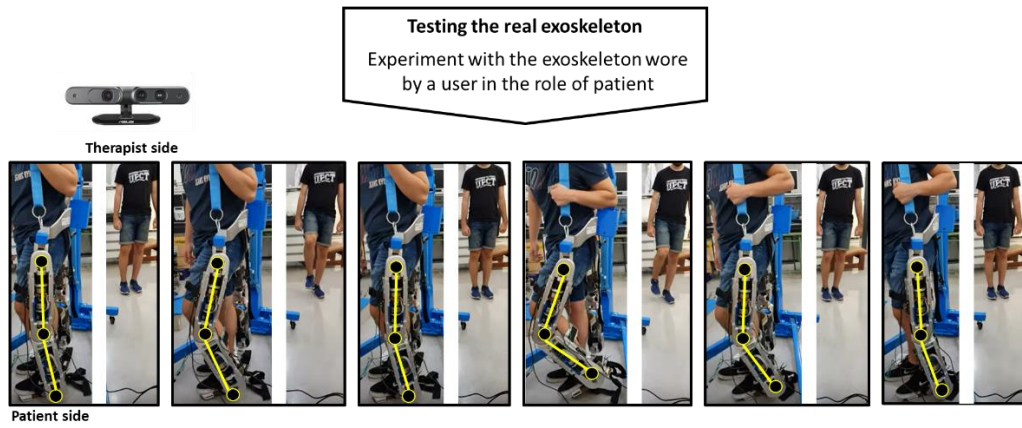


Fig. 8. Experiment to test the system when a user is wearing the exoskeleton. The user acting as a therapist has carried out several motions elevating and descending the knee. The exoskeleton reproduces the motion in real time.